

## 2025-26 MIAC Women's Swimming & Diving Regional and National Awards

### 2025-26 CSC Academic All-District Women's Swimming & Diving

Name	Institution	Class	Hometown	High School	Previous Selections
Stephanie Baranov	Carleton	Sr.	Streamwood, Ill.	Hoffman Estates	2025
Nina Schwab	Carleton	So.	Piedmont, Calif.	Piedmont	--
Hailey Westrup	Carleton	Jr.	Sartell, Minn.	Sartell	2025
Emma Yao	Carleton	Jr.	Sartell, Minn.	Sartell	--
Geneva Fackler	Gustavus	So.	Plymouth, Minn.	Wayzata	--
Katelyn Siers	Gustavus	So.	St. Cloud, Minn.	St. Cloud Tech	--
Gabrielle Stoudt	Gustavus	Sr.	Maple Plain, Minn.	Delano	2025
Lindsay Sundby	Gustavus	Sr.	Cannon Falls, Minn.	Randolph	2024   2025
Cori Dawson	Hamline	So.	Burnsville, Minn.	Burnsville	--
Ryann Hopp	Hamline	So.	Maple Grove, Minn.	Maple Grove	--
Natalie Morrison	Hamline	So.	North St. Paul, Minn.	St. Paul North	--
Ellsa Sorenson-Wagner	Hamline	So.	Woodbury, Minn.	Woodbury	--
Nadia Lanz	Macalester	Sr.	Bethesda, Md.	Walt Whitman	2024   2025
Emma Henry	Macalester	Sr.	Chesapeake, Va.	Oscar Smith	--
Molly Nuckolls	Macalester	So.	Lawrence, Kan.	Free State	--
Maya Tellez	Macalester	So.	Woodbury, Minn.	Woodbury	--
Jayda Alholm	Saint Benedict	Jr.	Little Falls, Minn.	Little Falls	--
Mary Morris	Saint Benedict	Jr.	St. Cloud, Minn.	St. Cloud Cathedral	2025
Haley Zelen	Saint Benedict	Jr.	Shakopee, Minn.	Shakopee	--
Natalie Chandler	St. Catherine	Sr.	Madison, Wis.	Madison West	--
Jordyn Grotbo	St. Catherine	Jr.	St. Bonafacius, Minn.	Waconia	--
Nicolette Harvey	St. Catherine	Sr.	Stillwater, Minn.	St. Croix Prep	2025
Ella Hochstetler	St. Catherine	Sr.	Coralville, Iowa	Coralville West	2025
McKenna Hultgren	St. Olaf	So.	Lakeville, Minn.	Lakeville North	--
McKelvey McDaniel	St. Olaf	So.	Parkville, Mo.	Parkville South	--
Olivia Small	St. Olaf	So.	Wauwatosa, Wis.	Wauwatosa East	--
Paige Steenblock	St. Olaf	Sr.	Northfield, Minn.	Northfield	2025